



LANDAU
School

School food



First week



Menu

Breakfast / Light Snack

DRINK (200 G)

PASTRY / DESSERT (80 G)

LUNCH

SOUP (200 G)

MAIN DISH - PRIMARY (100 G)

MAIN DISH - SECONDARY (100 G)

SIDE DISH (150 G)

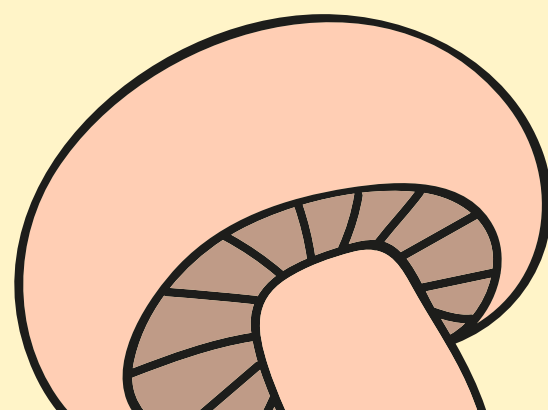
ADDITIONAL SIDE DISH (150 G)

SALAD (100 G)

ADDITIONAL SALAD (100 G)

DRINK (200 G)

BREAD (50 G)



Monday

Breakfast / Light Snack

TEA

CHOCOLATE COOKIE

LUNCH

RED BEAN SOUP

CHICKEN WITH BBQ SAUCE

ASH GARA (PLUM & MEAT PILAF TOPPING)

RICE

HOME-STYLE POTATOES

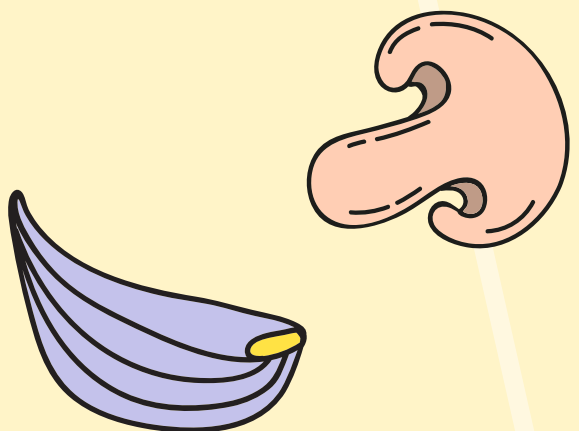
VEGETABLE SALAD (COBAN)

CORN SALAD

HOMEMADE DRINK (KOMPOT)

BREAD

Tuesday



Breakfast / Light Snack

COCOA WITH MILK

MUFFIN

LUNCH

EZOGE LIN SOUP

MINCED BEEF WITH BOLOGNESE SAUCE

CHICKEN SAUTE

FRENCH FRIES

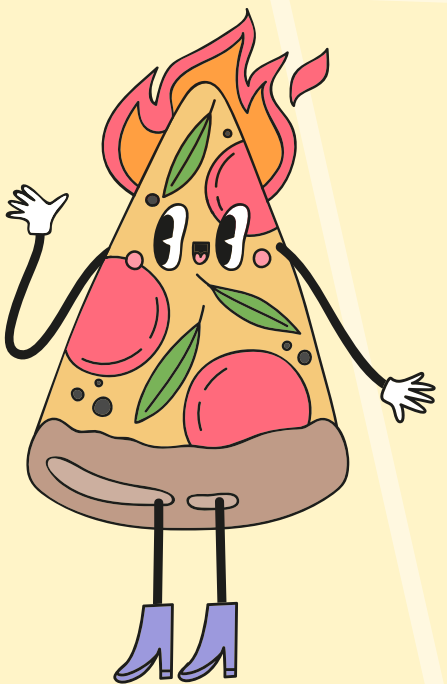
MEYHANE BULGUR (WITH VEGETABLES)

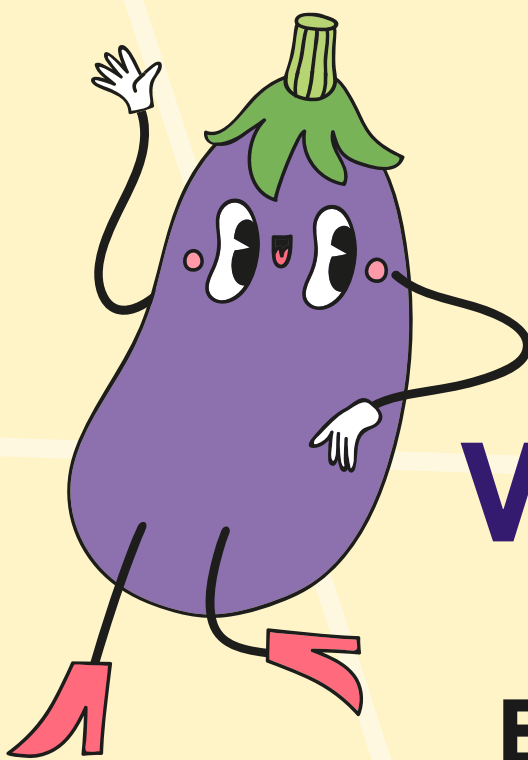
BEETROOT SALAD

VITAMIN SALAD

AYRAN

BREAD





Wednesday

Breakfast / Light Snack

TEA

COTTAGE CHEESE POGACA

LUNCH

CREAM OF ZUCCHINI SOUP

CHICKEN CUTLET

BEEF FAJITAS

SPAGHETTI

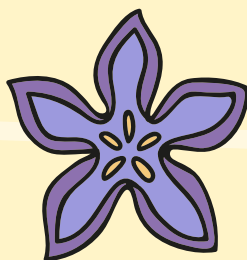
VERMICELLI

MIMOSA SALAD

VEGETABLE SALAD(COBAN)

HOMEMADE DRINK (KOMPOT)

BREAD



Thursday

Breakfast / Light Snack

COCOA WITH MILK

COCOA COOKIE

LUNCH

VERMICELLI SOUP

BEEF CUTLET

NUGGETS

RICE

BUCKWHEAT

VINAIGRETTE (BETROOT SALAD)

GARDEN SALAD

AYRAN

BREAD



Friday

Breakfast / Light Snack

TEA

KHACHAPURI

LUNCH

CHEESY CHICKEN SOUP

CHICKEN FAJITAS

BEEF SAUTE

NOODLES

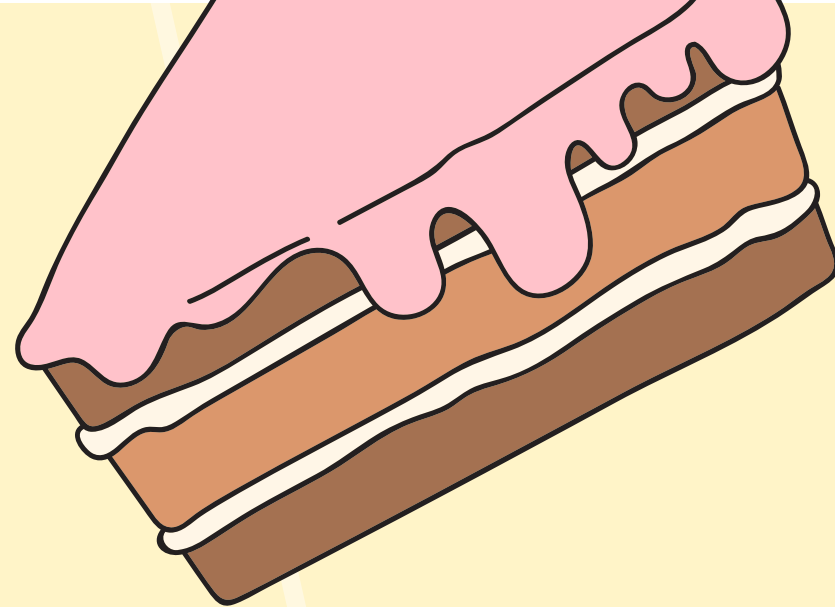
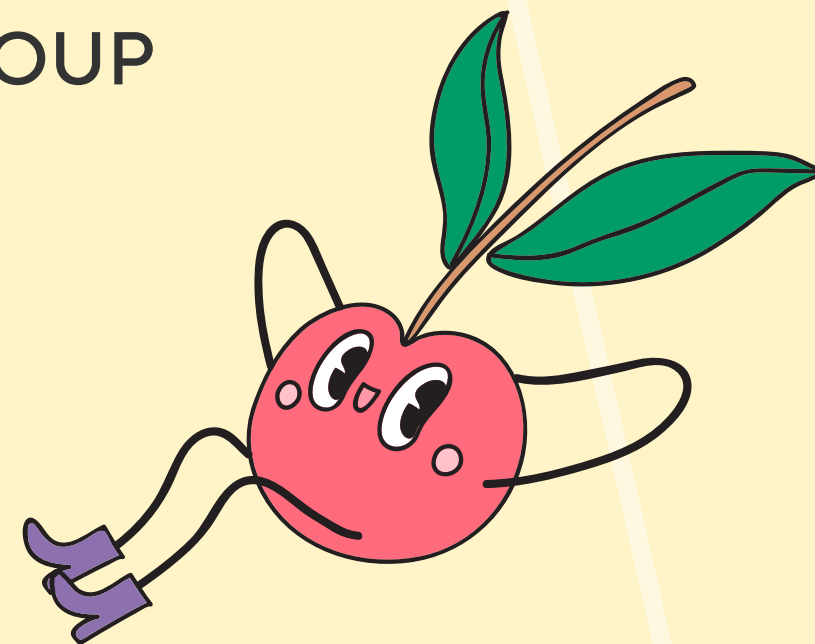
MASHED POTATOES

CABBAGE SALAD WITH RED BEANS

CAESAR SALAD

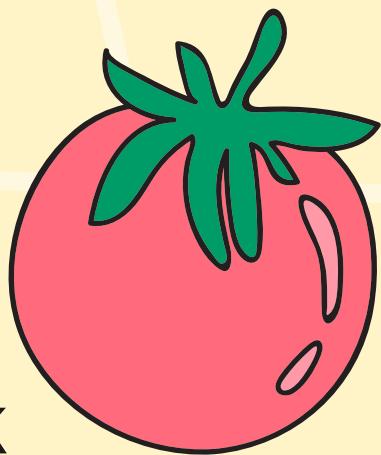
HOMEMADE DRINK (KOMPOT)

BREAD



Second week

Menu



Breakfast / Light Snack

DRINK (200 G)

PASTRY / DESSERT (80 G)

LUNCH

SOUP (200 G)

MAIN DISH - PRIMARY (100 G)

MAIN DISH - SECONDARY (100 G)

SIDE DISH (150 G)

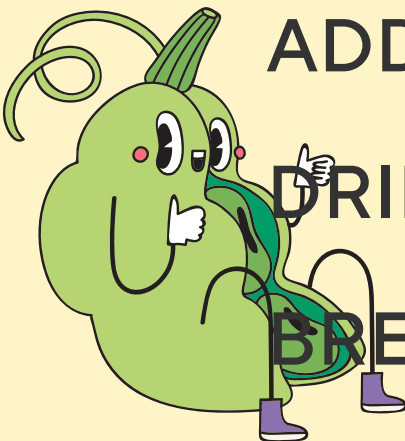
ADDITIONAL SIDE DISH (150 G)

SALAD (100 G)

ADDITIONAL SALAD (100 G)

DRINK (200 G)

BREAD (50 G)



Monday

Breakfast / Light Snack

TEA

ZEBRA CAKE

LUNCH

VEGETABLE SOUP

CHICKEN FILLET SCHNITZEL

BEEF LYULYA KEBAB

RICE WITH CARROTS

FRIED POTATOES

CORN SALAD

OLIVIER SALAD

HOMEMADE DRINK (KOMPOT)

BREAD



Tuesday



Breakfast / Light Snack

COCOA WITH MILK

BAKED POTATO PERASHKI

LUNCH

RUSSIAN CHICKPEA SOUP

BEEF TAVA KEBAB

BREADED CHICKEN WINGS

BUCKWHEAT

VERMICELLI

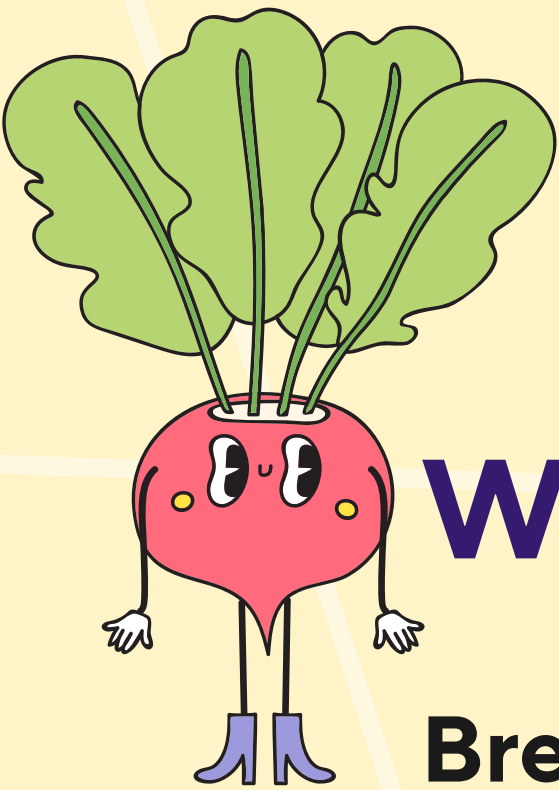
GREEK SALAD

BARLEY ORZO SALAD

AYRAN

BREAD





Wednesday

Breakfast / Light Snack

TEA

FRENCH ROLL

LUNCH

DUSHBARA (DUMPLING SOUP)

CHICKEN ROAST WITH

BARBERRY (ZIRINC)

MEAT BOLOGNESE

BARLEY ORZO (ARPA SHEHRIYYE)

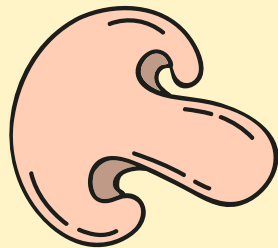
SPAGHETTI

MIMOSA SALAD

CABBAGE SALAD

HOMEMADE DRINK (KOMPOT)

BREAD



Thursday

Breakfast / Light Snack

COCOA WITH MILK

SHARLOTKA (APPLE CAKE)

LUNCH

LENTIL SOUP

MOROCCAN-STYLE

MEATBALLS (TEFTELI)

BAKED CHICKEN FILLET

RICE

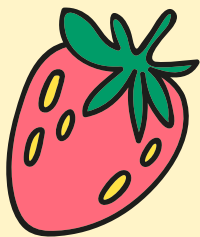
MASHED POTATOES

GARDEN SALAD

CARROT SALAD WITH APPLE

AYRAN

BREAD



Friday

Breakfast / Light Snack

TEA

OATMEAL COOKIES

LUNCH

YAYLA SOUP (YOGURT RICE SOUP)

NUGGETS

BEEF FAJITAS

BUCKWHEAT

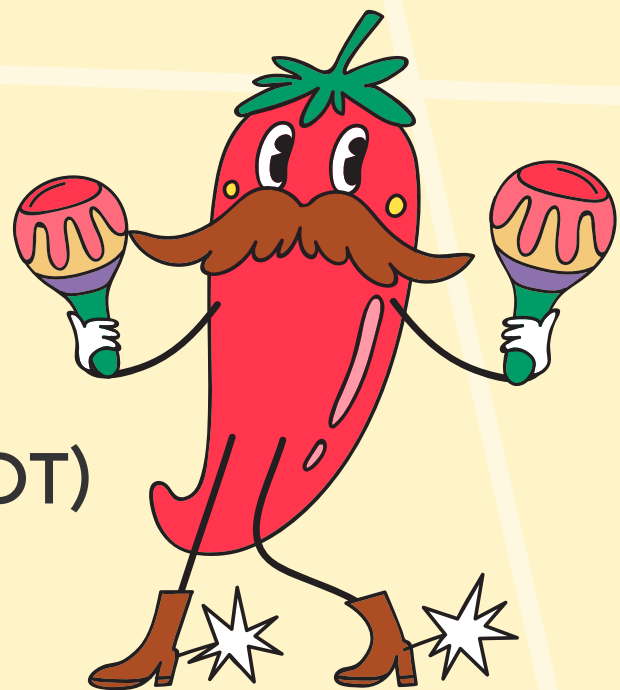
HOME-STYLE POTATOES

VEGETABLE SALAD(COBAN)

VITAMIN SALAD

HOMEMADE DRINK (KOMPOT)

BREAD



Third week



Menu

Breakfast / Light Snack

DRINK (200 G)

PASTRY / DESSERT (80 G)

LUNCH

SOUP (200 G)

MAIN DISH - PRIMARY (100 G)

MAIN DISH - SECONDARY (100 G)

SIDE DISH (150 G)

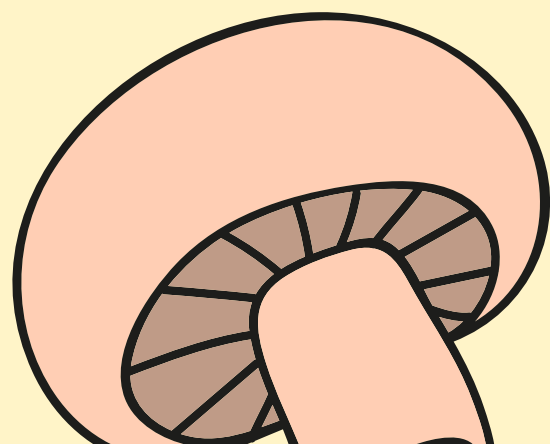
ADDITIONAL SIDE DISH (150 G)

SALAD (100 G)

ADDITIONAL SALAD (100 G)

DRINK (200 G)

BREAD (50 G)



Monday

Breakfast / Light Snack

TEA

JAM PIE

LUNCH

LENTIL SOUP

CHICKEN IN BECHAMEL SAUCE

BOILED MEAT (STEWED BEEF)

PASTA / MACARONI

MASHED POTATOES

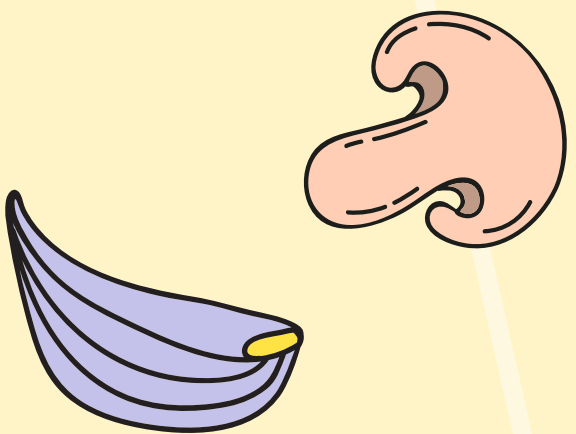
CHICKEN & PEPPER SALAD

BEETROOT SALAD

HOMEMADE DRINK (KOMPOT)

BREAD

Tuesday



Breakfast / Light Snack

COCOA WITH MILK

KASHAR CHEESE POGACA

LUNCH

VEGETABLE SOUP

TEFTELI (MEATBALLS)

CHICKEN MEATBALLS (BALLS)

MEYHANE BULGUR (WITH VEGETABLES)

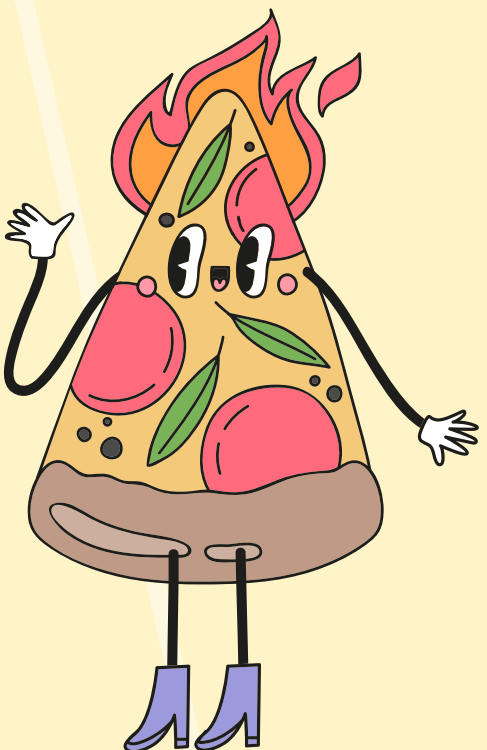
RICE

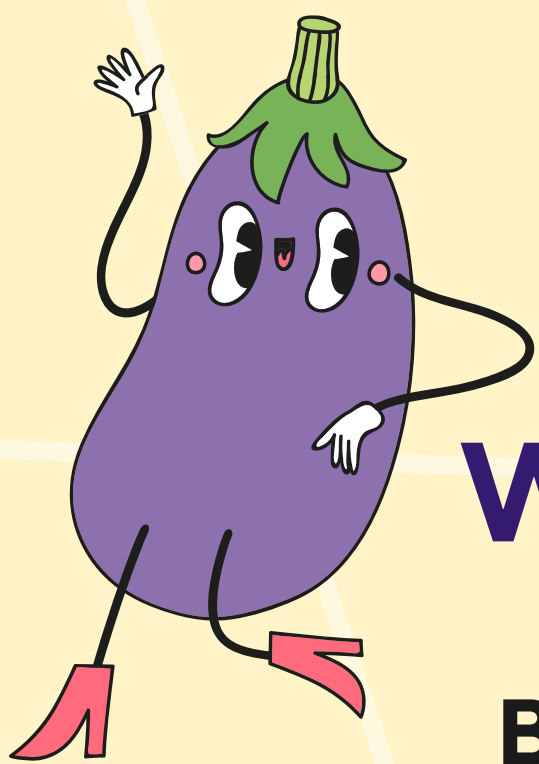
VINAIGRETTE SALAD (WITH BETROOT)

CARROT SALAD WITH APPLE

AYRAN

BREAD





Wednesday

Breakfast / Light Snack

TEA

PANCAKES

LUNCH

MEATBALL SOUP

BAKED ROAST CHICKEN

BEEF CUTLET

VEGETABLE RAGOUT

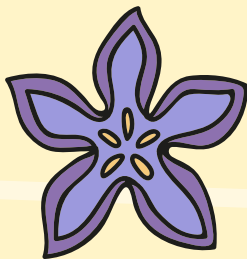
BAKED POTATO WEDGES

VEGETABLE SALAD(COBAN)

VITAMIN SALAD

HOMEMADE DRINK (KOMPOT)

BREAD



Thursday

Breakfast / Light Snack

COCOA WITH MILK

FRENCH ROLL

LUNCH

VEGETABLE NOODLE SOUP

BEEF SAUTE

CHICKEN FAJITAS

BUCKWHEAT

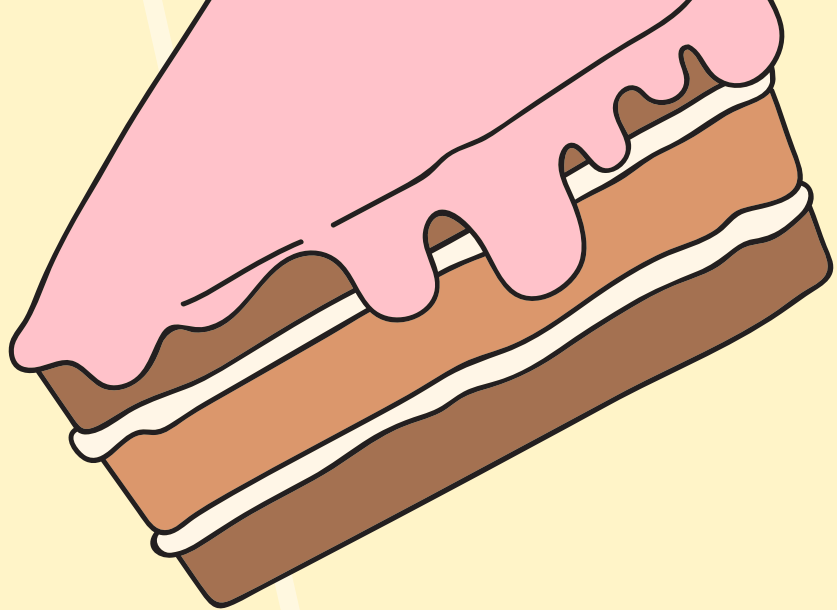
RICE WITH CORN

RED BEAN SALAD

CAESAR SALAD

AYRAN

BREAD



Friday

Breakfast / Light Snack

TEA

COCOA CAKE

LUNCH

DOVGA (YOGURT SOUP)

CHICKEN CUTLET

MINCED BEEF WITH BOLOGNESE SAUCE

HOME-STYLE POTATOES

VERMICELLI

LETTUCE SALAD

GARDEN SALAD

HOMEMADE DRINK (KOMPOT)

BREAD

Fourth week

Menu



Breakfast / Light Snack

TEA

SHARLOTKA (APPLE CAKE)

LUNCH

BORSCHT (BETROOT SOUP)

BOILED MEAT (STEWED BEEF)

BURGER-STYLE BEEF PATTY

RICE WITH GREEN PEAS

VERMICELLI

CABBAGE SALAD

CHICKEN & PEPPER SALAD

HOMEMADE DRINK (KOMPOT)

BREAD

Monday

Breakfast / Light Snack

TEA

CHOCOLATE COOKIE

LUNCH

RED BEAN SOUP

CHICKEN WITH BBQ SAUCE

ASH GARA (PLUM & MEAT PILAF TOPPING)

RICE

HOME-STYLE POTATOES

VEGETABLE SALAD (COBAN)

CORN SALAD

HOMEMADE DRINK (KOMPOT)

BREAD



Tuesday



Breakfast / Light Snack

COCOA WITH MILK

JAM BUN

LUNCH

GREEN LENTIL SOUP

BEEF CUTLET

BAKED CHICKEN FILLET

MASHED POTATOES

BUCKWHEAT

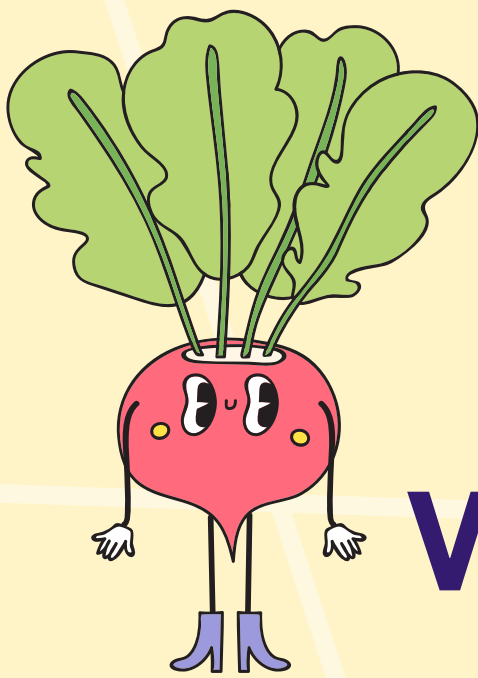
GARDEN SALAD

BEETROOT SALAD

AYRAN

BREAD





Wednesday

Breakfast / Light Snack

TEA

COOKIE

LUNCH

BARLEY ORZO SOUP

CHICKEN SCHNITZEL

ASH GARA (MEAT & DRIED FRUIT TOPPING)

VEGETABLE RAGOUT

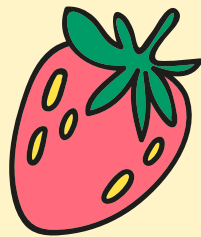
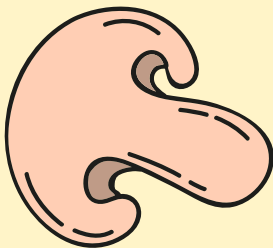
PASTA / MACARONI

CARROT SALAD WITH CORN

MIMOSA SALAD

HOMEMADE DRINK (KOMPOT)

BREAD



Thursday

Breakfast / Light Snack

COCOA WITH MILK

MUFFIN

LUNCH

VILLAGE GRAIN SOUP

BEEF FAJITAS

BREADED CHICKEN WINGS

BAKED POTATO WEDGES

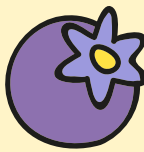
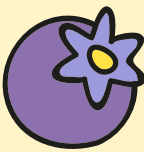
RICE

GREEK SALAD

CORN SALAD

AYRAN

BREAD



Friday

Breakfast / Light Snack

TEA

"GOOSE FOOT" COOKIES

LUNCH

NOODLE SOUP (ERISHTE)

CHICKEN IN BECHAMEL SAUCE

BEEF GOULASH

FRENCH FRIES

MEYHANE BULGUR (WITH VEGETABLES)

VITAMIN SALAD

SALAD WITH MAYONNAISE (OLIVYE)

HOMEMADE DRINK (KOMPOT)

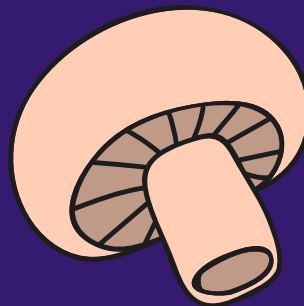
BREAD





LANDAU
School

Favorite food



First week



Menu

Breakfast / Light Snack

DRINK (200 G)

PASTRY / DESSERT (80 G)

LUNCH

SOUP (200 G)

MAIN DISH - PRIMARY (100 G)

MAIN DISH - SECONDARY (100 G)

SIDE DISH (150 G)

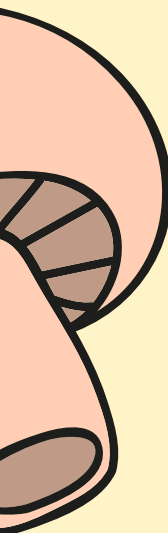
ADDITIONAL SIDE DISH (150 G)

SALAD (100 G)

ADDITIONAL SALAD (100 G)

DRINK (200 G)

BREAD (50 G)



Monday

Breakfast / Light Snack

TEA

PANCAKES

LUNCH

CHICKEN SOUP

CHICKEN LEG WITH BBQ SAUCE

BREADED BEEF CUTLET

RICE

POTATO WEDGES

CAPITAL SALAD WITH MAYONNAISE

CAESAR SALAD

HOMEMADE DRINK (KOMPOT)

BREAD

Tuesday

Breakfast / Light Snack

COCOA WITH MILK

HOT DOG

LUNCH

LENTIL SOUP

MEAT BOLOGNESE

CHICKEN SCHNITZEL

SPAGHETTI

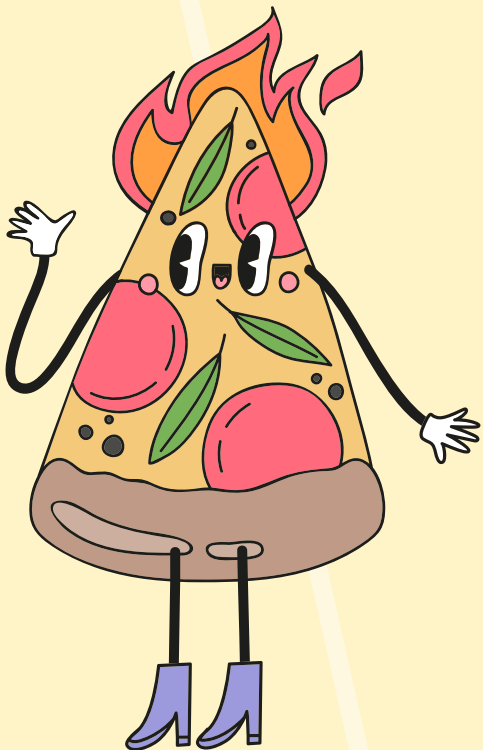
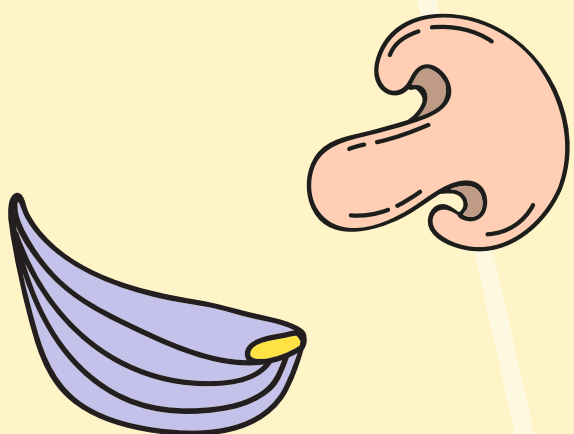
MEYHANE BULGUR (WITH VEGETABLES)

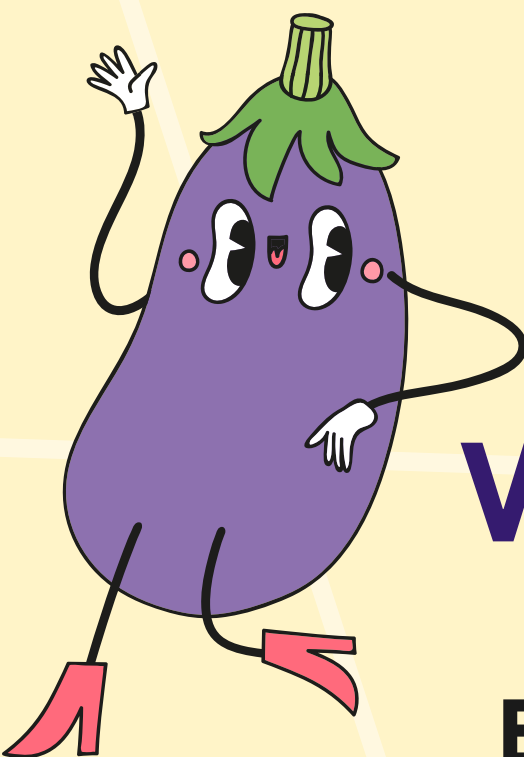
MACARONI SALAD

MIMOSA SALAD WITH MAYONNAISE

AYRAN

BREAD





Wednesday

Breakfast / Light Snack

TEA

CREPE WITH CHOCOLATE

LUNCH

VEGETABLE SOUP

BREADED CHICKEN CUTLET

LAHMACUN WITH MEAT

FRENCH FRIES

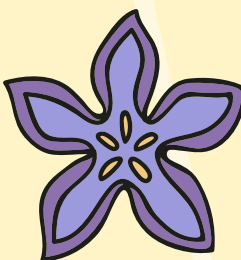
VERMICELLI

CAESAR SALAD

CORN SALAD

HOMEMADE DRINK (KOMPOT)

BREAD



Thursday

Breakfast / Light Snack

COCOA WITH MILK

FRENCH ROLL

LUNCH

NOODLE SOUP (ERISHTE)

BEEF BURGER PATTY

CHICKEN BURGER PATTY

HOME-STYLE POTATOES

MACARONI / PASTA

CLUB SALAD

CHICKEN & PEPPER SALAD

AYRAN

BREAD



Friday

Breakfast / Light Snack

TEA

CHOCOLATE COOKIE

LUNCH

DOVGA (YOGURT SOUP)

BREADED CHICKEN WINGS

MEAT WRAP (DURUM)

SPAGHETTI

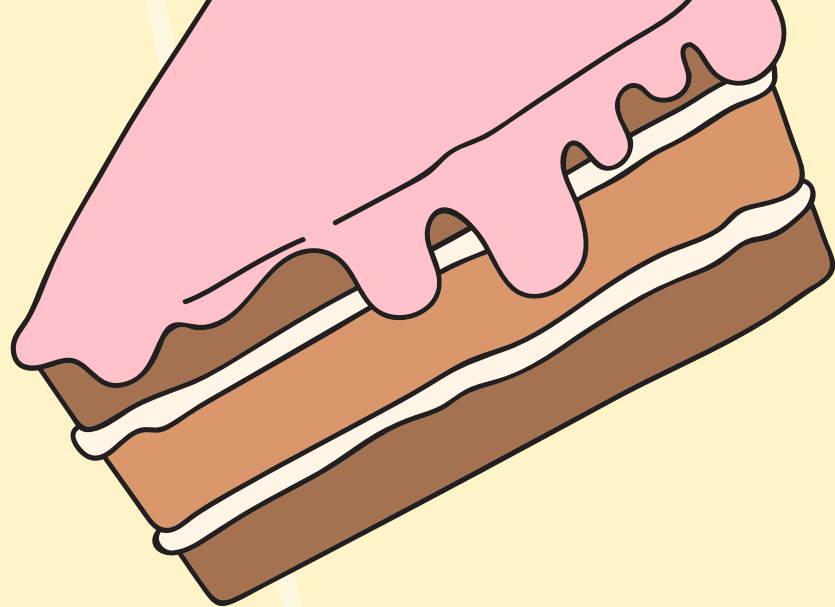
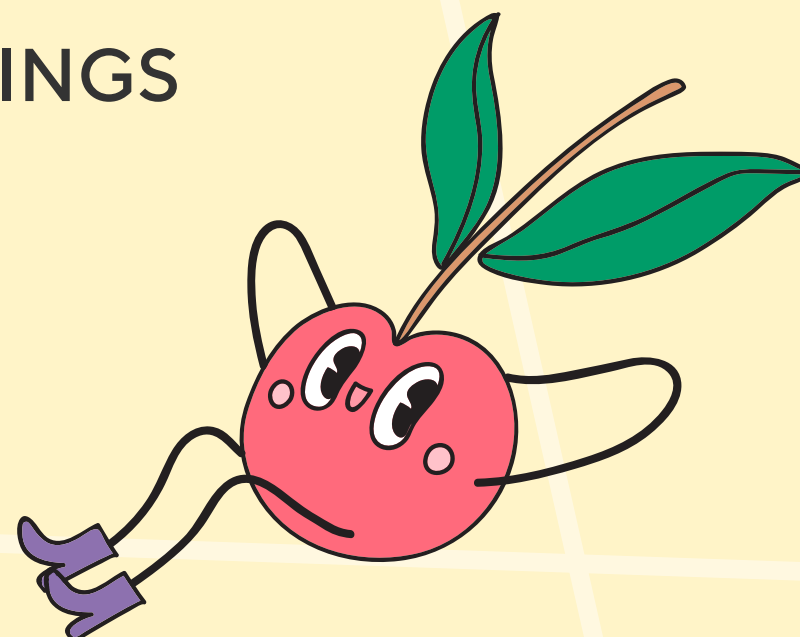
MASHED POTATOES

SHEPHERD'S SALAD

CRISPY CHICKEN SALAD

HOMEMADE DRINK (KOMPOT)

BREAD



Second week

Menu



Breakfast / Light Snack

DRINK (200 G)

PASTRY / DESSERT (80 G)

LUNCH

SOUP (200 G)

MAIN DISH - PRIMARY (100 G)

MAIN DISH - SECONDARY (100 G)

SIDE DISH (150 G)

ADDIRIONAL SIDE DISH (150 G)

SALAD (100 G)

ADDIRIONAL SALAD (100 G)

DRINK (200 G)

BREAD (50 G)

Monday

Breakfast / Light Snack

TEA

ZEBRA CAKE

LUNCH

LENTIL SOUP

CHICKEN FILLET SCHNITZEL

WITH SWEET CHILI SAUCE

BEEF MEATBALLS WITH SAUCE

MACARONI / PASTA

FRENCH FRIES

CORN SALAD WITH CHIPS

VEGETABLE SALAD (COBAN)

HOMEMADE DRINK (KOMPOT)

BREAD

Tuesday

Breakfast / Light Snack

COCOA WITH MILK

AMERICAN COOKIE

LUNCH

CHEESY CHICKEN SOUP

MEAT BOLOGNESE

CHICKEN WITH BOLOGNESE SAUCE

RICE

VERMICELLI

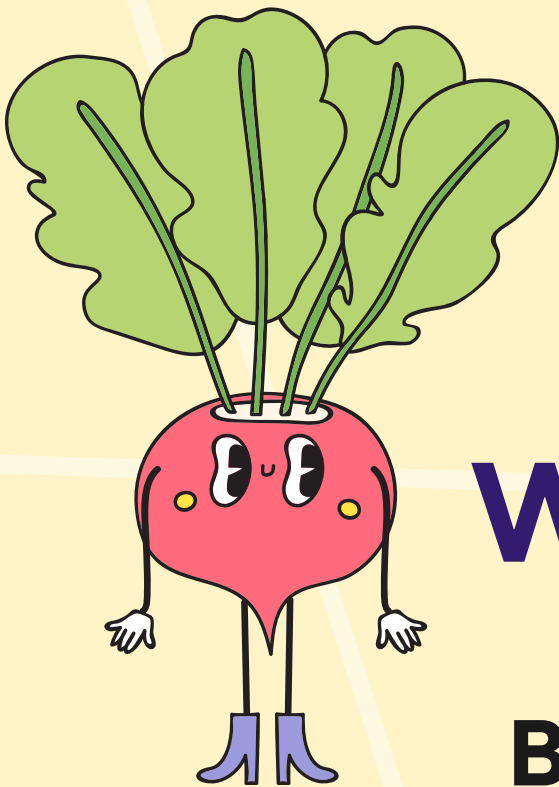
GREEK SALAD

CARROT SALAD WITH CORN

AYRAN

BREAD





Wednesday

Breakfast / Light Snack

TEA

MUFFIN

LUNCH

VERMICELLI SOUP

CHICKEN SHAWARMA

BEEF FAJITAS

POTATO WEDGES

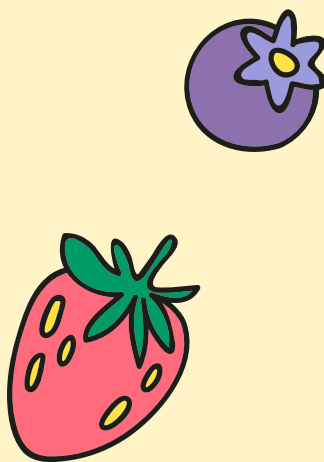
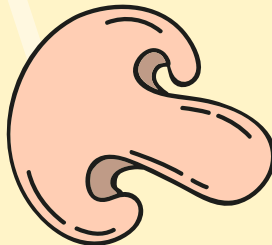
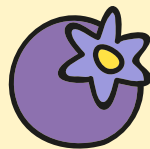
SPAGHETTI

OLIVIER SALAD

CLUB SALAD

HOMEMADE DRINK (KOMPOT)

BREAD



Thursday

Breakfast / Light Snack

COCOA WITH MILK

CHOCOLATE CROISSANT

LUNCH

VEGETABLE SOUP

BURGER-STYLE MEAT PATTY

CHICKEN PIZZA

RICE

MASHED POTATOES

CHICKEN SALAD WITH MAYONNAISE

MIMOSA SALAD WITH MAYONNAISE

AYRAN

BREAD



Friday

Breakfast / Light Snack

TEA

JAM PIE

LUNCH

YAYLA SOUP (YOGURT RICE SOUP)

NUGGETS

MEAT WRAP (DURUM)

CREAMY PASTA

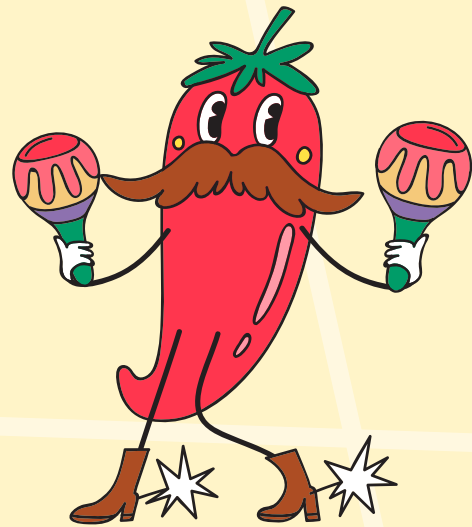
HOME-STYLE POTATOES

CAESAR SALAD

VEGETABLE SALAD (COBAN)

HOMEMADE DRINK (KOMPOT)

BREAD



Third week



Menu

Breakfast / Light Snack

DRINK (200 G)

PASTRY / DESSERT (80 G)

LUNCH

SOUP (200 G)

MAIN DISH (100 G)

ADDITIONAL MAIN DISH (100 G)

SIDE DISH (150 G)

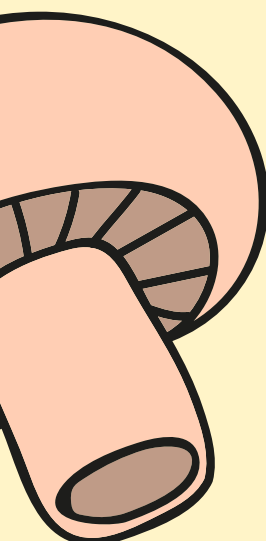
ADDITIONAL SIDE DISH (150 G)

SALAD (100 G)

ADDITIONAL SALAD (100 G)

DRINK (200 G)

BREAD (50 G)



Monday

Breakfast / Light Snack

TEA

HOT DOG

LUNCH

EZOGE LIN SOUP

CHICKEN SHAWARMA

MEAT WRAP (DURUM)

FRENCH FRIES

RICE

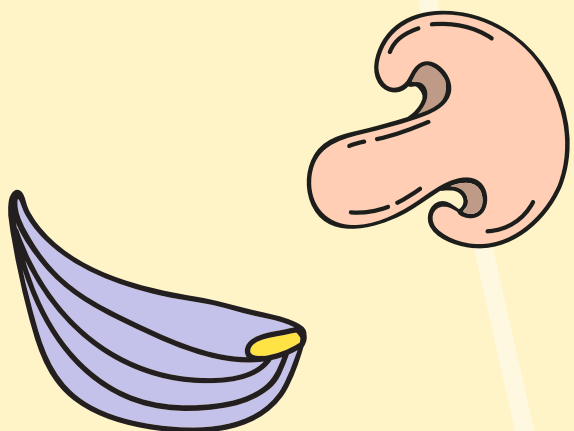
SEASONAL SALAD

MIMOSA SALAD

HOMEMADE DRINK (KOMPOT)

BREAD

Tuesday



Breakfast / Light Snack

COCOA WITH MILK

CHOCOLATE BUN

LUNCH

GREEN LENTIL SOUP

BREADED BEEF CUTLET

BREADED CHICKEN WINGS

VERMICELLI

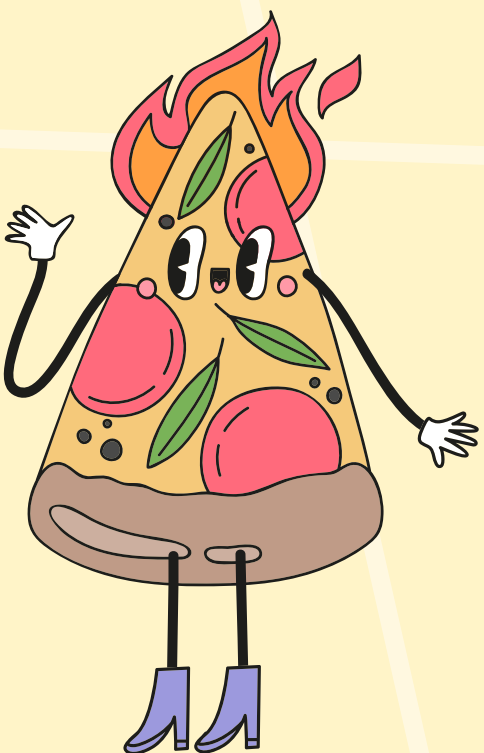
BAKED POTATO WEDGES

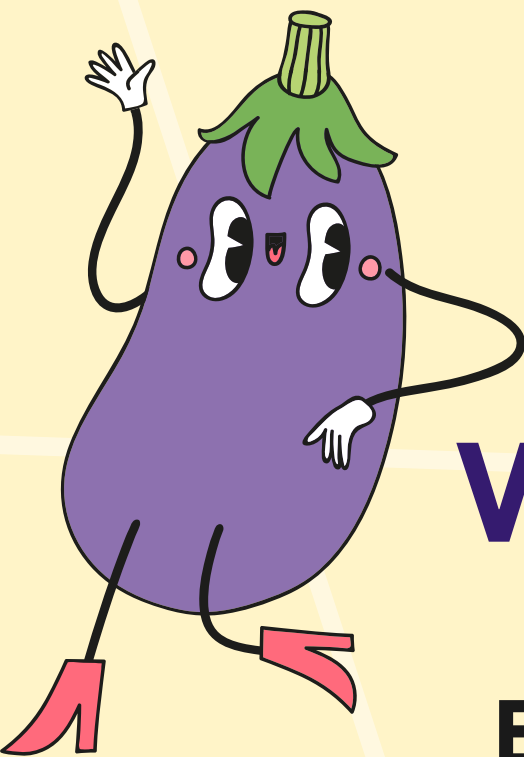
LETTUCE SALAD

CORN SALAD

AYRAN

BREAD





Wednesday

Breakfast / Light Snack

TEA

KHACHAPURI

LUNCH

CHICKEN SOUP

NUGGETS

BEEF FAJITAS

SPAGHETTI BOLOGNESE

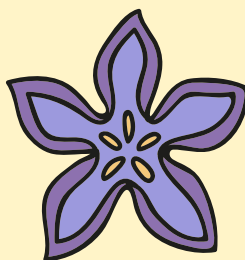
FRENCH FRIES

VEGETABLE SALAD (COBAN)

MACARONI SALAD

HOMEMADE DRINK(KOMPOT)

BREAD



Thursday

Breakfast / Light Snack

COCOA WITH MILK

POWDERED SUGAR COOKIES

LUNCH

DOVGA (YOGURT SOUP)

LAHMACUN

CHICKEN CLUB SANDWICH

VEGETABLE SAUTE

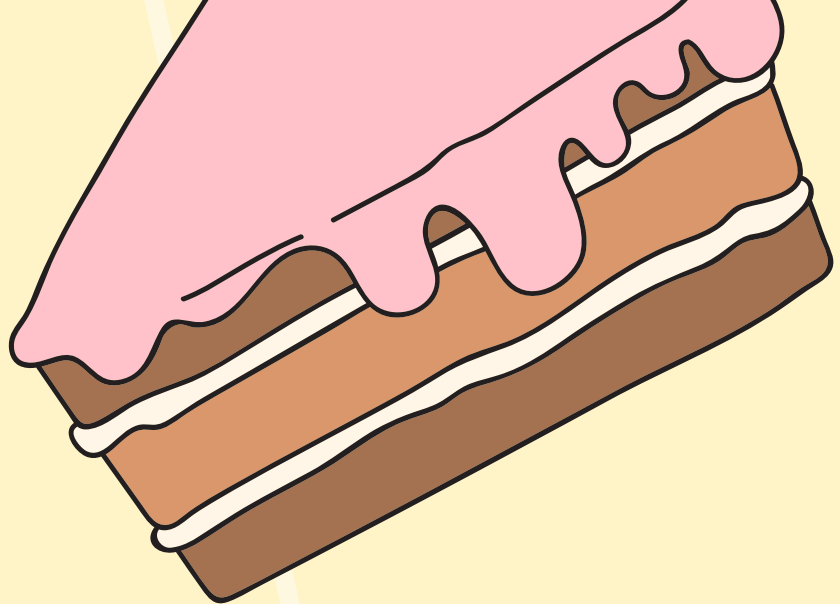
CREAMY PASTA

RED CABBAGE SALAD

SALAD WITH MAYONNAISE (OLIVYE)

AYRAN

BREAD



Friday

Breakfast / Light Snack

TEA

PANCAKES

LUNCH

LENTIL SOUP

CHICKEN BURGER

BURGER PATTY

RICE

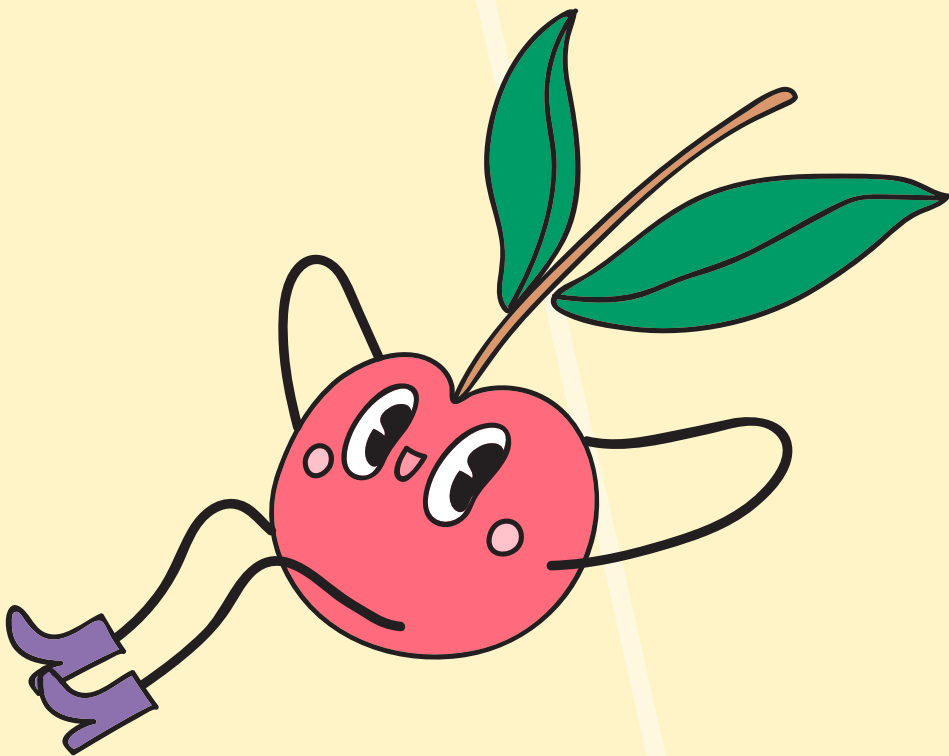
BAKED POTATO WEDGES

CABBAGE SALAD

GREEK SALAD

HOMEMADE DRINK (KOMPOT)

BREAD



Fourth week

Menu



Breakfast / Light Snack

DRINK (200 G)

PASTRY / DESSERT (80 G)

LUNCH

SOUP (200 G)

MAIN DISH (100 G)

ADDITIONAL MAIN DISH (100 G)

SIDE DISH (150 G)

ADDITIONAL SIDE DISH (150 G)

SALAD (100 G)

ADDITIONAL SALAD (100 G)

DRINK (200 G)

BREAD (50 G)

Monday

Breakfast / Light Snack

TEA

MUFFIN

LUNCH

YAYLA SOUP (YOGURT RICE SOUP)

CHICKEN MINI PIZZA

BEEF CUTLET

RICE WITH CORN AND CHICKPEAS

BAKED POTATO WEDGES

CARROT SALAD

MACARONI SALAD

HOMEMADE DRINK (KOMPOT)

BREAD



Tuesday

Breakfast / Light Snack

COCOA WITH MILK

FRENCH ROLL

LUNCH

EZOGE LIN SOUP

RATATOUILLE WITH MEAT

CAESAR ROLL

RICE

FRENCH FRIES

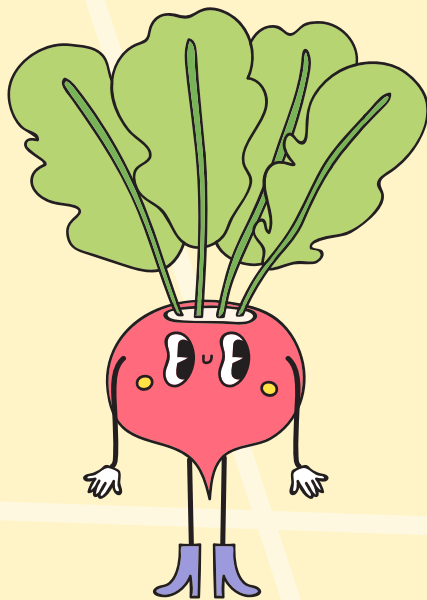
MIMOSA SALAD

VEGETABLE SALAD(COBAN)

AYRAN

BREAD





Wednesday

Breakfast / Light Snack

TEA

CROISSANT

LUNCH

NOODLE SOUP (ERISHTE)

CHICKEN IN BECHAMEL SAUCE

MINCED BEEF WITH BOLOGNESE SAUCE

MACARONI / PASTA

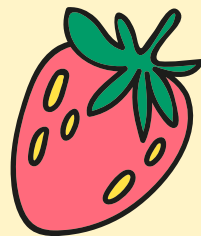
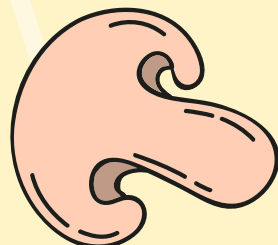
STIR-FRIED / ROASTED VEGETABLES

CAESAR SALAD

CORN SALAD

HOMEMADE DRINK KOMPOT)

BREAD



Thursday

Breakfast / Light Snack

COCOA WITH MILK

CREPE

LUNCH

CREAMY VEGETABLE SOUP

POLPETTE MEATBALLS

NUGGETS

BAKED VEGETABLE ROAST

BAKED POTATO WEDGES

GARDEN SALAD

CHICKEN SALAD WITH MAYONNAISE

AYRAN

BREAD



Friday

Breakfast / Light Snack

TEA

ZEBRA CAKE

LUNCH

TOMATO SOUP

BREADED FRIED CHICKEN LEG

MEAT WRAP (DURUM)

MASHED POTATOES

VERMICELLI

CRISPY CHICKEN SALAD

GREEK SALAD

HOMEMADE DRINK (KOMPOT)

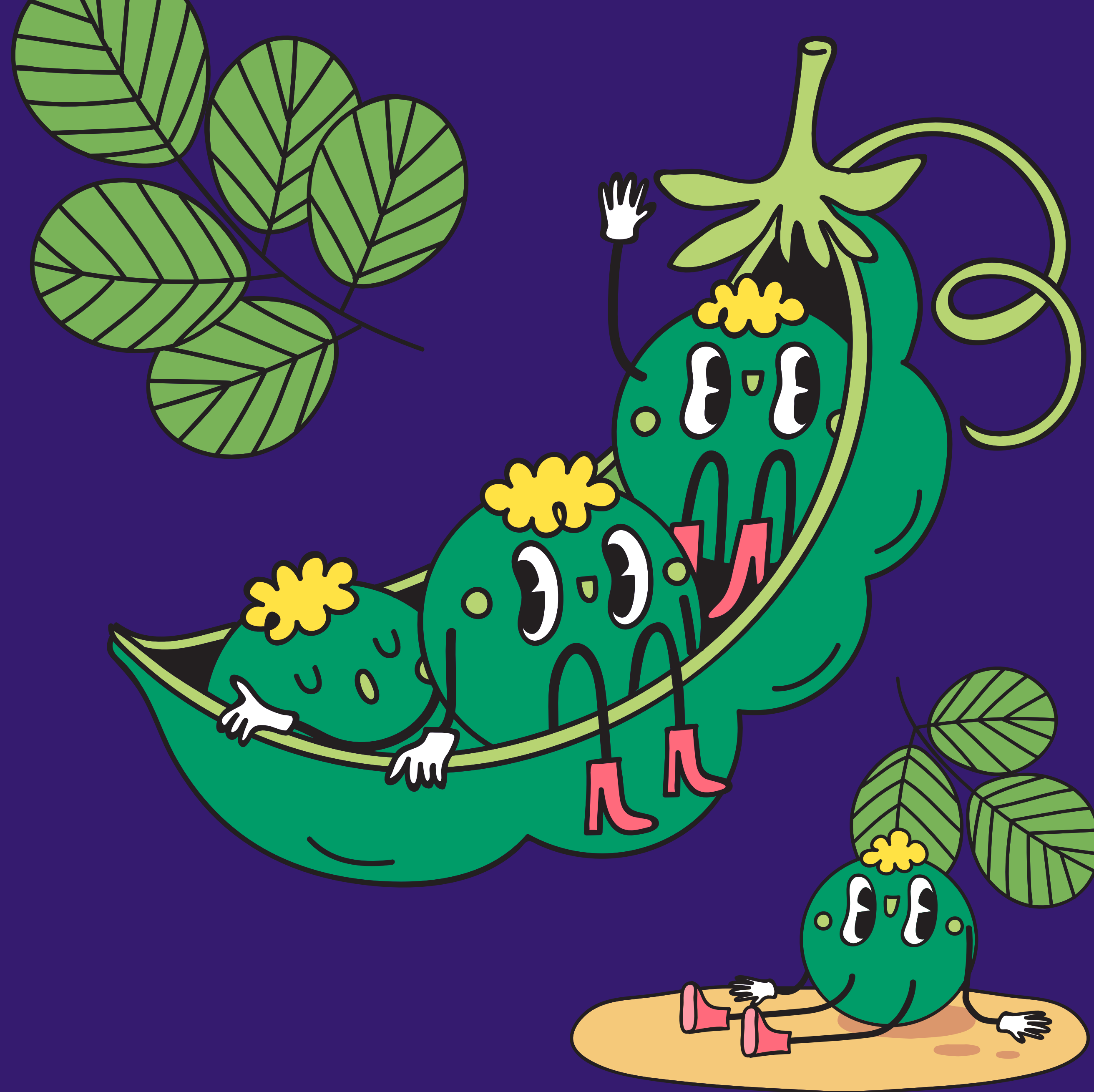
BREAD





LANDAU
School

Healthy food



First week



Menu

Breakfast / Light Snack

DRINK (200 G)

PASTRY / DESSERT (80 G)

LUNCH

SOUP (200 G)

MAIN DISH(100 G)

ADDITIONAL MAIN DISH (100 G)

SIDE DISH (150 G)

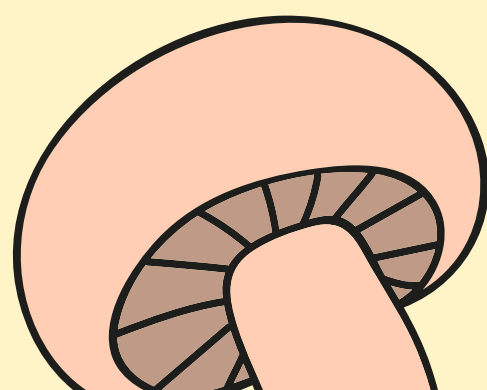
ADDITIONAL SIDE DISH (150 G)

SALAD (100 G)

ADDITIONAL SALAD (100 G)

DRINK (200 G)

BREAD (50 G)



Monday

Breakfast / Light Snack

TEA

"GOOSE FOOT" COOKIES

LUNCH

CHICKEN SOUP

BAKED CHICKEN FILLET

BEEF FAJITAS

MASHED POTATOES

BUCKWHEAT

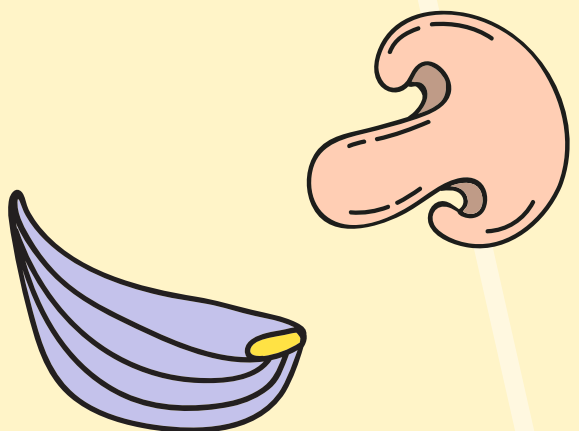
VEGETABLE SALAD (COBAN)

CARROT SALAD WITH APPLE

HOMEMADE DRINK (KOMPOT)

BREAD

Tuesday



Breakfast / Light Snack

COCOA WITH MILK

COTTAGE CHEESE PASTRY (POGACA)

LUNCH

LENTIL SOUP

ASH GARA (PLUM & MEAT PILAF TOPPING)

BAKED CHICKEN CUTLETS

RICE

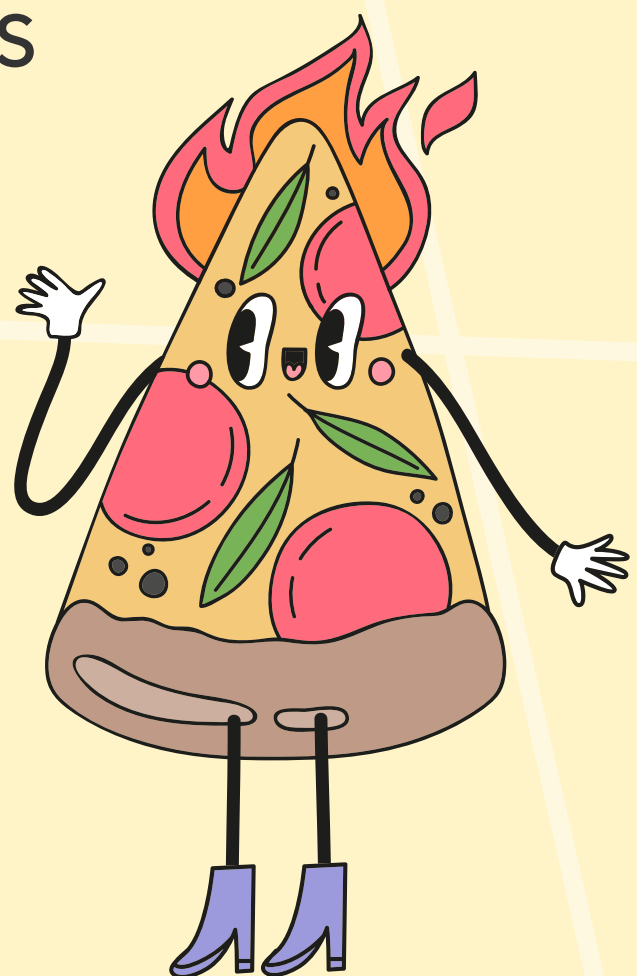
BAKED POTATOES

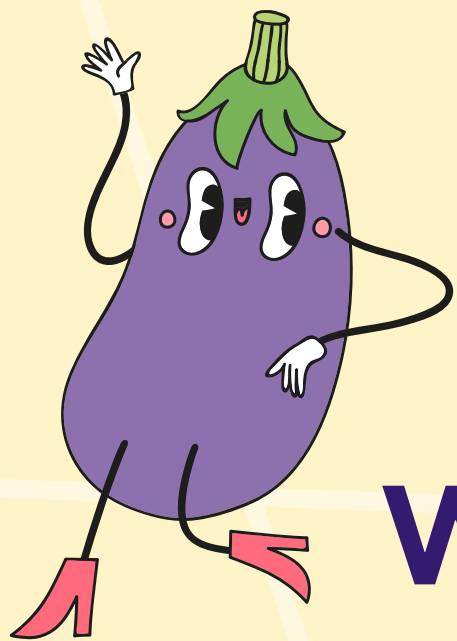
CABBAGE SALAD

GREEK SALAD

AYRAN

BREADV





Wednesday

Breakfast / Light Snack

TEA

MUFFIN

LUNCH

VEGETABLE SOUP

BAKED CHICKEN LEG

BEEF CUTLETS

BULGUR

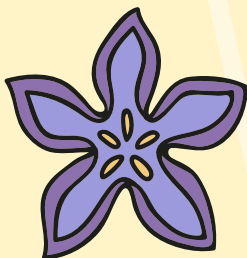
VEGETABLE RATATOUILLE

GREEN SALAD WITH CARROT

CORN SALAD

HOMEMADE DRINK (KOMPOT)

BREAD



Thursday

Breakfast / Light Snack

COCOA WITH MILK

FRENCH ROLL

LUNCH

NOODLE SOUP (ERISHTE)

BOILED MEAT (STEWED BEEF)

CHICKEN FAJITAS

BUCKWHEAT

BULGUR WITH VERMICELLI (NOODLES)

RED BEAN SALAD

VITAMIN SALAD

AYRAN

BREAD



Friday

Breakfast / Light Snack

TEA

COTTAGE CHEESE KATA

LUNCH

DOVGA

BAKED CHICKEN PATTIES (BITOCHKI)

MINCED BEEF WITH BOLOGNESE SAUCE

RICE

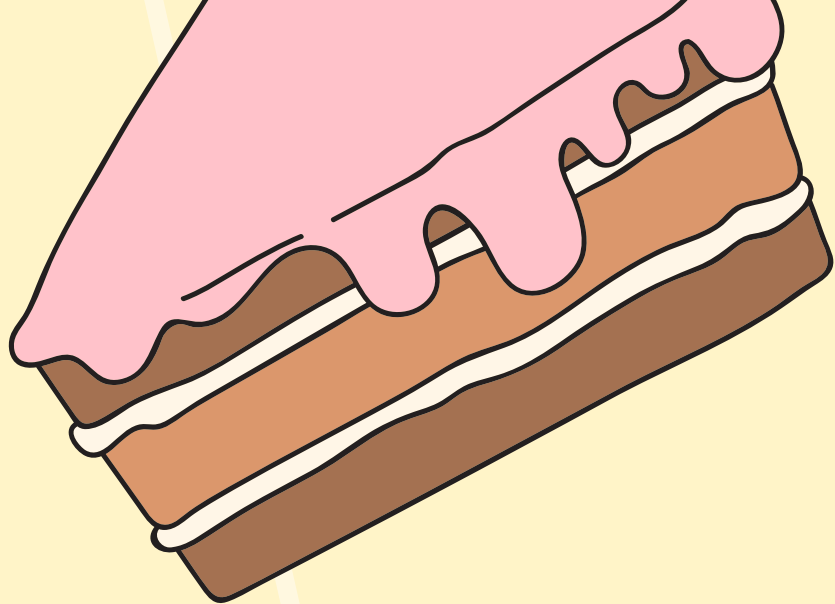
BAKED POTATOES WITH EGG

BEETROOT SALAD (WITHOUT WALNUTS)

CAESAR SALAD

HOMEMADE DRINK (KOMPOT)

BREAD



Second week

Menu



Breakfast / Light Snack

DRINK (200 G)

PASTRY / DESSERT (80 G)

LUNCH

SOUP (200 G)

MAIN DISH (100 G)

ADDITIONAL MAIN DISH (100 G)

SIDE DISH (150 G)

ADDITIONAL SIDE DISH (150 G)

SALAD (100 G)

ADDITIONAL SALAD (100 G)

DRINK (200 G)

BREAD (50 G)

Monday

Breakfast / Light Snack

TEA

OATMEAL BANANA CAKE

LUNCH

BROCCOLI & ZUCCHINI SOUP

BOILED MEAT (STEWED BEEF)

MEATBALLS

BAKED POTATO WEDGES

BULGUR

CAESAR SALAD

RED BEAN SALAD

HOMEMADE DRINK (KOMPOT)

BREAD



Tuesday



Breakfast / Light Snack

COCOA WITH MILK

COOKIES

LUNCH

MINESTRONE SOUP

BEEF FAJITAS

CHICKEN FAJITAS

BUCKWHEAT

MASHED POTATOES

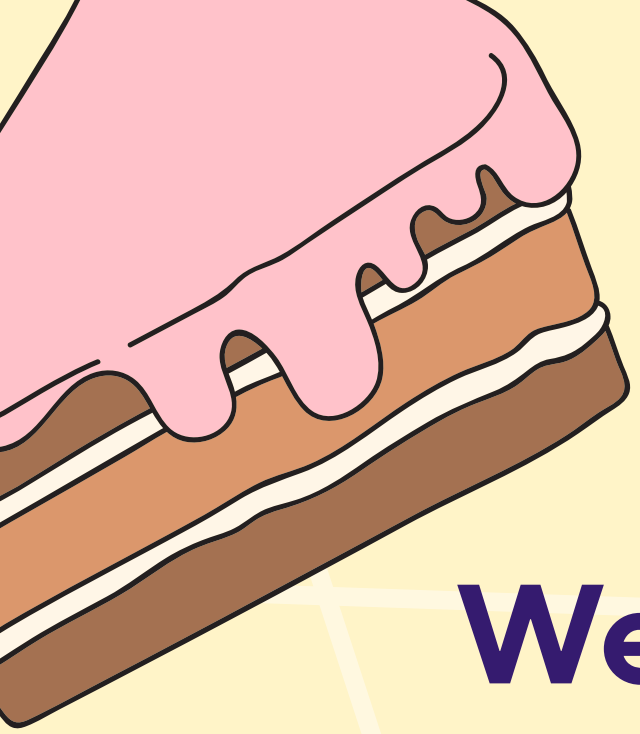
VITAMIN SALAD

VEGETABLE SALAD (COBAN)

AYRAN

BREAD





Wednesday

Breakfast / Light Snack

TEA

COCOA COOKIES

LUNCH

YAYLA SOUP (YOGURT RICE SOUP)

BAKED CHICKEN FILLET

LANGOUSTINES / CUTLETS

BAKED BEEF LYULYA KEBAB

HOME-STYLE BAKED POTATOES

VEGETABLE RAGOUT

CARROT SALAD WITH APPLE

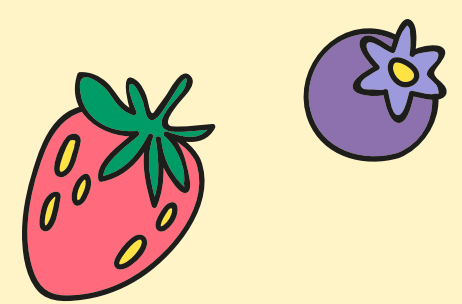
CHICKEN SALAD

HOMEMADE DRINK (KOMPOT)

BREAD



Thursday



Breakfast / Light Snack

COCOA WITH MILK

CARROT CAKE

LUNCH

CHICKEN RICE SOUP

MINCED BEEF WITH BOLOGNESE SAUCE

CHICKEN SAUTE

(WITH BELL PEPPERS & BROCCOLI)

BARLEY ORZO (ARPA SHEHRIYYE)

BUCKWHEAT

CHICKEN & PEPPER SALAD WITH OIL

LETTUCE SALAD

AYRAN

BREAD



Friday



Breakfast / Light Snack

TEA

COTTAGE CHEESE COOKIES

LUNCH

CREAM OF PUMPKIN SOUP

CHICKEN ROAST WITH BARBERRY (ZIRINC)

BEEF SAUTE

RICE

BULGUR

CORN SALAD

VITAMIN SALAD

HOMEMADE DRINK (KOMPOT)

BREAD

Third week



Menu

Breakfast / Light Snack

DRINK (200 G)

PASTRY / DESSERT (80 G)

LUNCH

SOUP (200 G)

MAIN DISH (100 G)

ADDITIONAL MAIN DISH (100 G)

SIDE DISH (150 G)

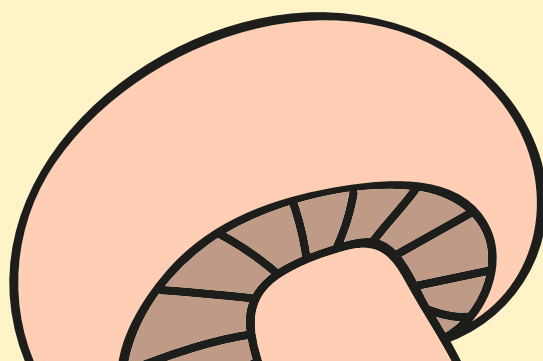
ADDITIONAL SIDE DISH (150 G)

SALAD (100 G)

ADDITIONAL SALAD (100 G)

DRINK (200 G)

BREAD (50 G)



Monday

Breakfast / Light Snack

TEA

FRENCH ROLL

LUNCH

VEGETABLE SOUP

CHICKEN FILLET IN BECHAMEL SAUCE

ASH GARA (MEAT & DRIED FRUIT TOPPING)

RICE

BULGUR

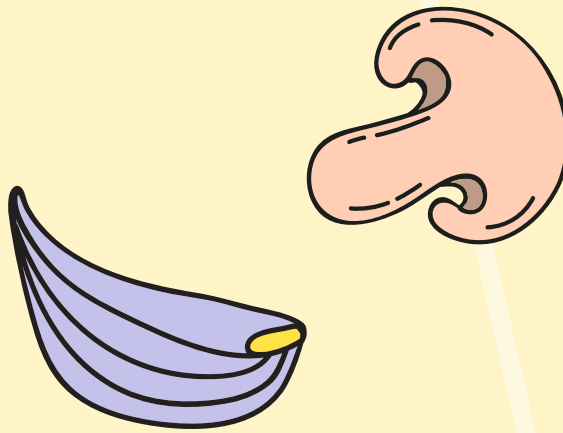
CARROT SALAD WITH CORN

CAESAR SALAD

HOMEMADE DRINK (KOMPOT)

BREAD

Tuesday



Breakfast / Light Snack

COCOA WITH MILK

APPLE CAKE

LUNCH

LENTIL SOUP

BOILED MEAT (STEWED BEEF)

BAKED CHICKEN FILLET

MASHED POTATOES

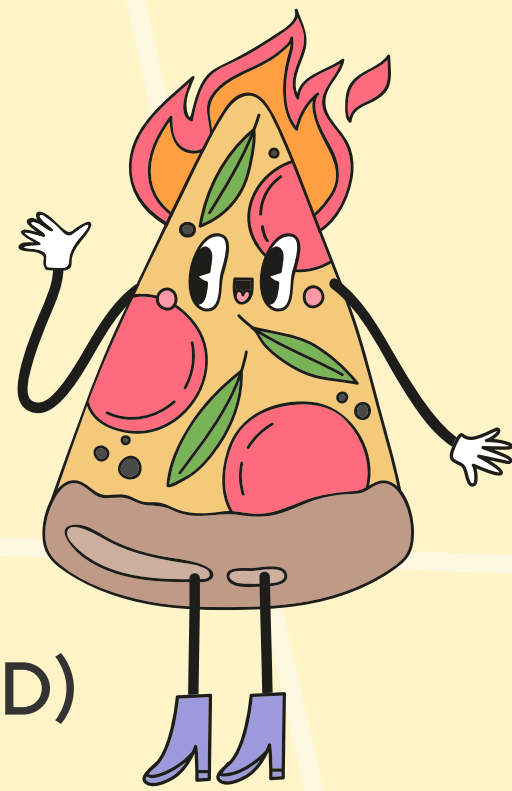
BUCKWHEAT

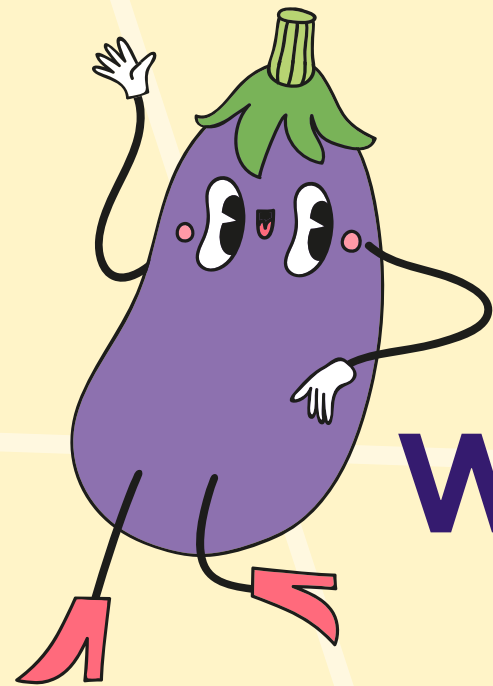
VINAIGRETTE (BETROOT SALAD)

WHITE CABBAGE SALAD

AYRAN

BREAD





Wednesday

Breakfast / Light Snack

TEA

SHEKER CHOREYI (SUGAR BREAD)

LUNCH

VEGETABLE NOODLE SOUP

BAKED CHICKEN LEG

BEEF FAJITAS

BARLEY ORZO (ARPA SHEHRIYYE)

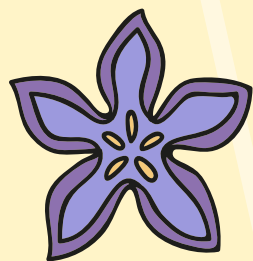
HOME-STYLE BAKED POTATOES

GARDEN SALAD

GREEK SALAD

HOMEMADE DRINK (KOMPOT)

BREAD



Thursday

Breakfast / Light Snack

COCOA WITH MILK

OATMEAL COOKIES

LUNCH

CHICKEN RICE SOUP

MINCED BEEF WITH BOLOGNESE SAUCE

STEWED CHICKEN (BUGHLAMA)

RICE WITH CHICKPEAS

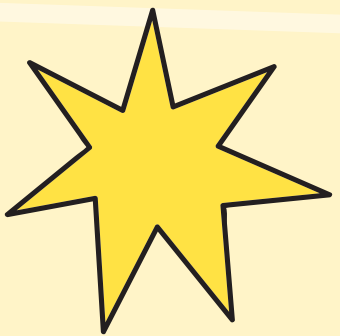
VEGETABLE RAGOUT

CABBAGE SALAD

LETTUCE SALAD

AYRAN

BREAD



Friday

Breakfast / Light Snack

TEA

JAM PIE

LUNCH

VILLAGE GRAIN SOUP

CHICKEN LYULYA KEBAB

TEFTELI (MEATBALLS)

HOME-STYLE BAKED POTATOES

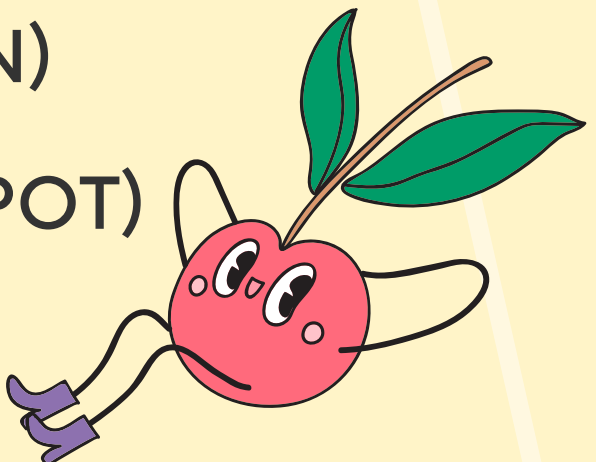
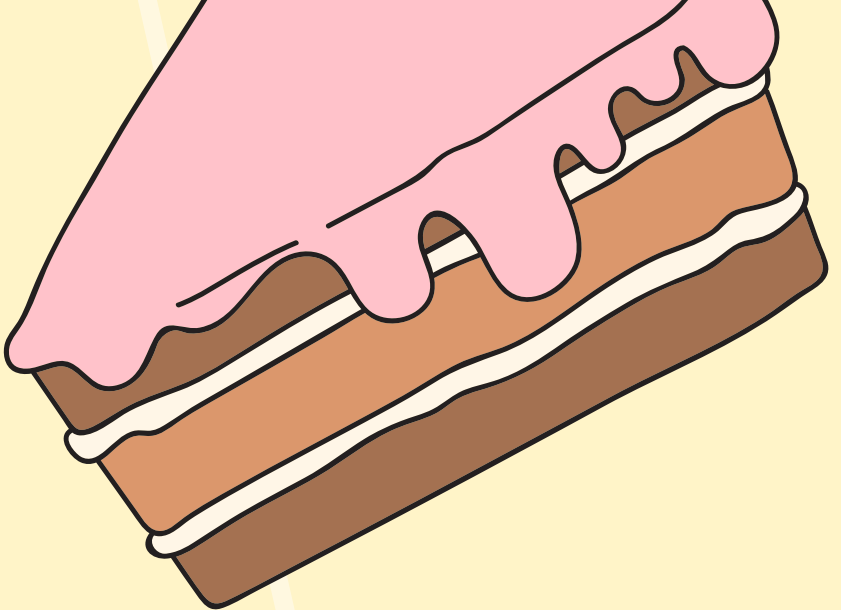
BULGUR (WITH GREEN PEAS)

RED BEAN SALAD

VEGETABLE SALAD(COBAN)

HOMEMADE DRINK (KOMPOT)

BREAD



Fourth week

Menu



Breakfast / Light Snack

- DRINK (200 G)
- PASTRY / DESSERT (80 G)

LUNCH

- SOUP (200 G)
- MAIN DISH (100 G)
- ADDITIONAL MAIN DISH (100 G)
- SIDE DISH (150 G)
- ADDITIONAL SIDE DISH (150 G)
- SALAD (100 G)
- ADDITIONAL SALAD (100 G)
- DRINK (200 G)
- BREAD (50 G)

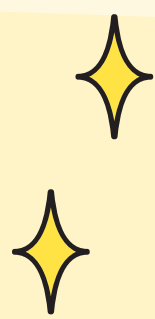
Monday

Breakfast / Light Snack

- TEA
- PANCAKES

LUNCH

- DOVGA
- CHICKEN ROAST WITH BARBERRY (ZIRINC)
- BEEF TAVA KEBAB
- BUCKWHEAT
- BULGUR
- LETTUCE SALAD
- MIMOSA SALAD
- HOMEMADE DRINK (KOMPOT)
- BREAD



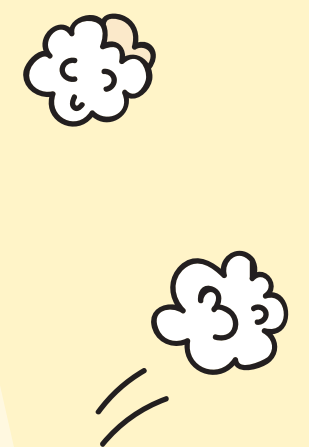
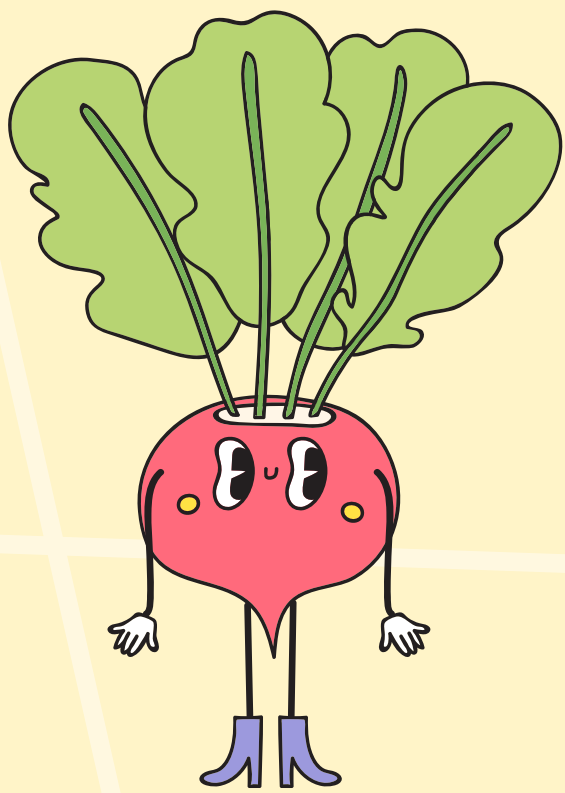
Tuesday

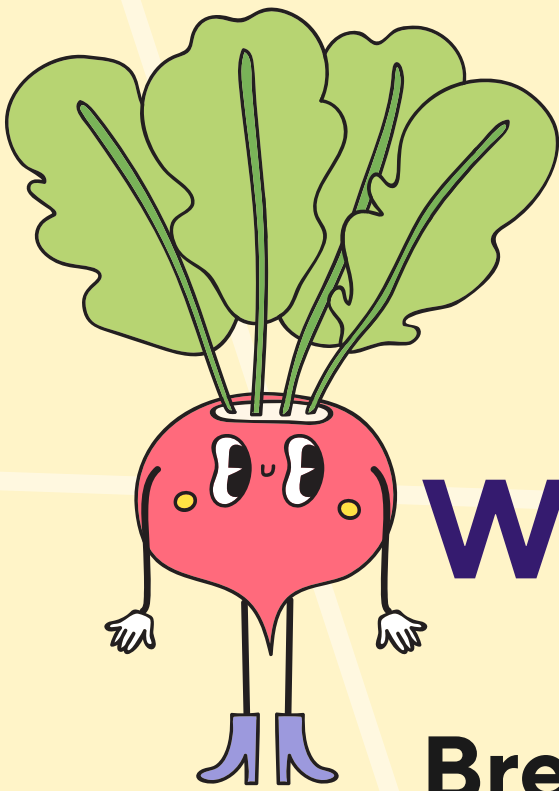
Breakfast / Light Snack

- COCOA WITH MILK
- ZEBRA CAKE

LUNCH

- GREEN LENTIL SOUP
- BEEF LULE KEBAB
- CHICKEN FAJITAS
- RICE WITH GREEN PEAS
- HOME-STYLE POTATOES
- CHICKEN SALAD
- GARDEN SALAD
- AYRAN
- BREAD





Wednesday

Breakfast / Light Snack

TEA

AÇMA WITH KASHAR CHEESE

LUNCH

RED BEAN SOUP

CHICKEN SCHNITZEL

BOILED MEAT (STEWED BEEF)

BUCKWHEAT

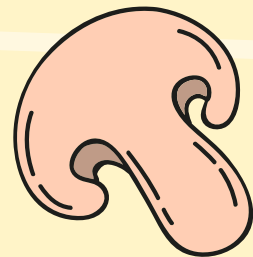
MASHED POTATOES

VITAMIN SALAD

VEGETABLE SALAD (COBAN)

HOMEMADE DRINK (KOMPOT)

BREAD



Thursday

Breakfast / Light Snack

COCOA WITH MILK

MUFFIN

LUNCH

DUSHBARA

MEATBALLS

CHICKEN FILLET IN BECHAMEL SAUCE

RICE

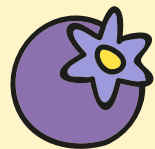
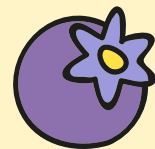
MEYHANE BULGUR (WITH VEGETABLES)

SALAD WITH SOUR CREAM (OLIVYE)

CORN SALAD

AYRAN

BREAD



Friday

Breakfast / Light Snack

TEA

SHARLOTKA (APPLE CAKE)

LUNCH

EZOGE LIN SOUP

CHICKEN SAUTE

(WITH BELL PEPPERS & BROCCOLI)

BEEF GOULASH

BARLEY ORZO (ARPA SHEHRIYYE)

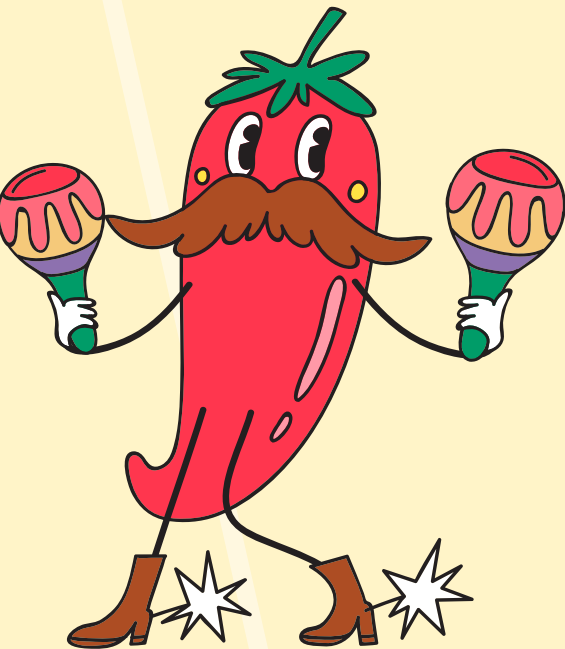
HOME-STYLE POTATOES

BEETROOT SALAD (WITHOUT WALNUTS)

CHICKEN & PEPPER SALAD

HOMEMADE DRINK (KOMPOT)

BREAD





Dear Parents, If you have made your selection, please click the link below and vote for your chosen menu within the next 14 days.

<https://survey.landauschool.com/rCpMsb>

Note: Based on the voting results, the menu receiving the highest number of votes will be implemented in the next academic year.